

# *Business Services*

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*“Quality Work by Quality People”*

To: All Principals

**Bulletin No. 20-019**

From: Adriane Robles, Director  
Nutrition Services

August 3, 2020

Subject: **Special Dietary Needs**

The Nutrition Services Department has a District policy (BP 5141.27) for providing modified menus for students who have special dietary needs and are unable to consume the regular lunch or breakfast menu items. This policy is in accordance with Federal and State regulations that require medical documentation of a student's special dietary needs. The attached **Medical Statement to Request Special Meals and/or Accommodations** (Rev. 8/2020) form must be completed and signed by a licensed physician, physician assistant, or nurse practitioner.

Nutrition Services should be informed of any student who is unable to consume meals normally served at their school. Every effort will be made to meet the nutritional needs and/or disability limitations of each student. The medical statement must identify:

1. The disability or medical condition and an explanation of why the disability/medical condition restricts the child's diet.
2. The major life activity affected by the medical condition (i.e., anaphylactic shock due to a food allergy).
3. The food(s) to be omitted from the diet.
4. The food or choice of foods that must be substituted.

**The medical statement must be updated on an annual basis and a copy of the form will be kept on file in the cafeteria.**

If you have any questions, please contact your site assigned Nutrition Services Supervisor or Nutrition Specialist at (909) 881-8000.